



**Eye Associates of Boca Raton, P.A.**  
950 N.W. 13th Street • Boca Raton, Florida 33486

*Treatment For Your Eyes, Care For You*

*Specialized, comprehensive eye care right here, in Boca Raton.*

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- HOWARD B. GOLDMAN, M.D., F.A.C.S.**  
Practice Limited to Cataract & Lens Replacement Surgery
- JEFFREY M. PERLMAN, M.D., F.A.C.S.**  
Pediatric & Neuro-Ophthalmology, Cataract & Laser Surgery
- MARK H. WEINER, M.D.**  
Ophthalmic Plastic Surgery, Cataract & Laser Surgery
- DOUGLAS A. KOHL, M.D.**  
Glaucoma, Cataract & Laser Surgery
- ERNESTO I. SEGAL, M.D.**  
Retina & Vitreous Diseases & Surgery
- MATTHEW J. WEISS, M.D.**  
Cornea & External Disease  
Cataract & Refractive Surgery
- THOMAS W. HEGLAND, O.D.**  
Comprehensive Eye Exams, Medical & Surgical Triage  
& Surgical Co-management



**Eye Associates of Boca Raton, P.A.**  
Surgical & Medical Eye Care

FALL 2013 EDITION

WWW.BOCAEYEASSOCIATES.COM

## FORMER BASCOM PALMER SPECIALIST JOINS EYE ASSOCIATES



**Matthew J. Weiss, M.D.**  
Cornea, Cataract & Refractive Surgeon

**E**ye Associates is pleased to announce the latest addition to our team of talented physicians, Matthew J. Weiss, MD. His specialty of cornea, cataract, and refractive surgery will be a welcome addition to our excellent group of eye care specialists.

**D**r. Weiss is no stranger to the field of medicine. In fact, it is almost a Weiss family tradition. His grandfather was one of the first pediatricians in Sarasota, Florida and his father followed the same career path. His mother is also an early childhood development specialist in the area.

**A**ccording to Dr. Weiss, his grandfather was a strong role model for him, both personally and professionally. He remembers as a child people approaching him on the street and telling him what a great doctor his grandfather was. "He was a kind and caring man whose motto in life was: You can do well by doing good," says Dr. Weiss. It was, from a very early age, this man's influence that led Dr. Weiss to the field of medicine. What started as an unrelenting interest in medicine as a young man quickly blossomed into a deep passion for the field upon being exposed to ophthalmology while in medical school. Dr. Weiss never looked back.

**A** native Floridian from Sarasota, Dr. Weiss is a cum laude graduate of the University of Miami where he was number one in his class. He acquired his doctor of medicine degree at the University of Miami Miller School of Medicine, serving as the co-president of the prestigious medical honor society Alpha Omega Alpha, a distinction reserved for only the top 5% of each class. He completed both his ophthalmology residency and his fellowship training in cornea and refractive surgery at the world renowned Bascom Palmer Eye Institute, where he continues to return throughout the year as a voluntary assistant professor of clinical ophthalmology, teaching the next generation of eye specialists.

**D**r. Weiss has published several papers in peer-reviewed journals and has contributed to numerous textbooks. In 2011, Dr. Weiss also became the first resident worldwide to use one of the three leading laser cataract systems currently approved for use in the U.S.

**O**utside of the office, Dr. Weiss enjoys spending time with his wife Taylor, an elementary school teacher. He also has passions for traveling, cooking, photography and of course University of Miami Football.

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**A New Year, A New You!**  
Check Out Our Exciting Specials

<p><b>\$ 1,000 OFF LASIK</b></p> <p><i>All patients who have LASIK surgery with Dr. Weiss between November 1st and December 31st will receive \$1,000 off the procedure. Ask about our FREE LASIK SCREENING!</i></p>	<p><b>FACIAL COSMETIC SPECIALS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;"> <p><b>JUVEDERM</b></p> <p><b>\$50 OFF 2nd Syringe</b></p> </td> <td style="width: 50%; text-align: center;"> <p><b>BOTOX</b></p> <p><b>\$25 OFF 2nd Site</b></p> <p><b>\$50 OFF 3rd Site</b></p> </td> </tr> </table>	<p><b>JUVEDERM</b></p> <p><b>\$50 OFF 2nd Syringe</b></p>	<p><b>BOTOX</b></p> <p><b>\$25 OFF 2nd Site</b></p> <p><b>\$50 OFF 3rd Site</b></p>	
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**Welcome Rosalyn White!**

Rosalyn R. White, HAS BC-HIS was raised in Los Angeles, California, where she studied Civil Engineering at California State University. Ros received her training as a hearing specialist at Cerritos College in California.

Upon relocating to Indiana, Rosalyn received her license to test and dispense hearing aids in 1989. Just over a year later, Ros received her National Board Certification for Hearing Instrument Sciences.

Rosalyn relocated to Florida in 2007 and immediately acquired her license to fit and dispense hearing aids. Ros became a welcomed addition to the medical staff of the Eye Associates of Boca Raton in February of 2013 and is our Director of Hearing Services.

*Ask any of our associates about a free hearing screening!*

**Our Facilities**

## BLADELESS CATARACT SURGERY?

**A**fter years of amazing advances in intraocular lens technology and incredible improvements in surgical techniques allowing very rapid recovery of vision and resumption of normal activities, now comes “bladeless” cataract surgery.

**W**hat the heck is “bladeless” cataract surgery? Let’s review how cataract surgery is generally done today. A cataract is a clouding in the lens of the eye that worsens with time and interferes with your vision. Colors become dimmer, night vision becomes difficult and fine print may become hard to read. The problem can be cured by surgically removing the cataract and replacing it with an artificial lens, called an “intraocular lens implant.”

**W**ith the advent of something called “phacoemulsification,” using ultrasound to dissolve the cataract, the surgery changed dramatically. The typical case is now performed in our outpatient center and is completed in less than 15 minutes. Because incisions are so small, no sutures are needed dramatically reducing recover time. Most physical activities are resumed immediately. Improvements in eye measurements and implants increased our success at reducing and sometimes eliminating the need for glasses. A big caution: in spite of what some people may believe, cataract surgery is not done to get rid of glasses, but to cure a disease, namely, the cataract which obscures vision like a dirty window. Complications have, fortunately, become very rare.

**O**phthalmologists are always looking for a better way to do things. The idea of using a laser to achieve a new level of precision during cataract surgery has finally become reality. Laser technology provided by the Alcon LensX “Femtosecond” laser used in our affiliated outpatient surgery center makes incredibly precise incisions in the cornea and lens of the eye. With the laser, no blade is needed during the procedure! Computerized laser precision allows for more consistent, precise incisions that blades simply cannot produce. This consistency and accuracy leads to a more predictable refractive result. Simply put: it is meant to reduce the need for glasses after surgery.

**F**or patients without astigmatism and who are not concerned with wearing glasses following the procedure, the standard procedure is just fine. However, for people who wish to reduce their degree of astigmatism, achieving better uncorrected distance vision, the laser is a great option. And those with astigmatism who also want to reduce their need for reading glasses, this laser procedure combined with a multifocal lens implant makes this possible.

**S**ince Medicare and other medical insurers do not pay for refractive services, that is, those procedures intended to reduce the need for glasses, this part of the procedure is not covered, meaning there is an out of pocket expense for this procedure. This new laser procedure is not for everybody in need of cataract surgery. As with any surgery a thorough discussion with your surgeon should take place before you make any decision. Ask us about the new bladeless cataract surgery.

## KUDOS



Douglas A. Kohl, M.D.

### DR. KOHL & TEAM GIVE BACK TO COMMUNITY

**O**n August 10th, Dr. Kohl and technicians from Eye Associate volunteered with Boca Raton Regional Hospital for its fifth annual Back to School Bash. This yearly event helps low income families prepare for the upcoming school year. The event was held at the Village Academy, a public school in Delray Beach. Dr. Kohl and his staff screened over 135 children and adults during the 5 hour event. Thank you Dr. Kohl, Christine, Sid, Vilma and Chantal for giving your time to such a worthy cause.



## RETINA UPDATE



Ernesto Segal, M.D.

### New Treatment for Diabetic Retinopathy & Retinal Vein Occlusions

**T**he use of the ANTI-VEFG drugs, Lucentis, Eylea and Avastin continue to produce drastic visual improvement in my patients with macular degeneration. Additionally FDA’s approval of these drugs for use in the treatment of diabetic retinopathy and retinal vein occlusions have had excellent results.

### Vitreo-Macular Traction (VMT)

**W**ith age, the vitreous or jelly-like liquid inside the eye can separate from the surface of the retina. These separations are often accompanied by flashes of light but occur without complication. Sometimes the vitreous does not completely separate from the retina but will continue to pull on the retina and/or macula, causing persistent blurred or distorted vision referred to as VMT. Until recently, the treatment was to either observe or to perform surgery on the affected eye. The FDA has approved a drug called Jetrea that when injected into the eye can dissolve and separate this VMT and in 30-40% of cases, is successful in preventing the need for surgical intervention.

### Academic Activities

**D**r. Segal continues in academia abroad in Asuncion, Paraguay, where he teaches residents and faculty at Fundacion Vision about infectious and inflammatory diseases of the eye and retinal electrophysiology. This summer Dr. Segal was invited by the Paraguayan Association of Ophthalmology and the Asuncion National University to lecture on the use of Jetrea.



## GIFT OF SIGHT GAINS MOMENTUM

**T**he Eye Associates 7th annual Gift of Sight program continues to gain support from additional surgeons who want to participate in this valuable service. The program is intended to provide much needed sight restoring eye surgery to those less fortunate who do not have the means to pay for it. Each year since our program began, we have had additional surgeons offer their time and skills to the patients in this program. In addition to Drs. Howard Goldman, creator of our Gift of Sight program, Doug Kohl, Mark Weiner, this year we are happy to welcome Matthew Weiss, M.D, Cornea, Cataract & Refractive Surgeon at the Eye Associates of Boca. Also donating their time is Dr. Tatiana Lee Chee and Dr. Rayna Habash. A special thanks to The Outpatient Surgery Center of Boca Raton who donates their facilities and staff and all those vendors who donated the supplies used for this program.

### WHO SAYS NOTHING IS FREE!

#### COMPLIMENTARY SERVICES OFFERED:

- |                                   |                    |
|-----------------------------------|--------------------|
| Driver’s License Vision Screening | Cataract Screening |
| Glaucoma Screening                | LASIK Evaluation   |
| Eyeglass Adjustment & Cleaning    | Hearing Screening  |

*And as always – Information ...*